The [INSERT NAME OF YOUR GROUP] is organizing a food drive to support the Haymarket Regional Food Pantry. Please consider donating a few of the items below to help the hungry in our area.

**When:** [DATE/TIME] through [DATE/TIME]

**Where:** Please drop off your donations [LOCATION ADDRESS / INFO]

**Donation Suggestions:**

The Haymarket Regional Food Pantry is grateful for your donations of food and needed supplies. When donating items, remember to check the expiration dates. The following is a list of staples that are most commonly needed at the food pantry:

* Cereal and Oatmeal
* Pancake Mix and Syrup
* Granola Bars
* Soup (All Varieties)
* Box/Bag Rice (<5 lb bags)
* Boxed Potatoes – All Varieties
* Cookies/Crackers
* Canned Fruit/Cups
* Small Bags Chips/Pretzels
* Spaghetti Sauce
* Canned Tomatoes/Sauce
* Pasta
* Macaroni & Cheese
* Beans (Can or Bag)
* Peanut Butter AND Jelly
* Luncheon (e.g. Spaghetti O’s, Ramen Noodles)
* Canned Meat (Chicken, Beef, Spam)
* Canned Fish (Tuna, Salmon, Sardines)
* Gravy / Broth
* Baking Items (flour, sugar salt)
* Baby Diapers
* Baby Food
* Baby Formula
* Soap
* Shampoo/Conditioner
* Toothbrush/Toothpaste
* Other Hygiene Products

**Questions/Contact:**

[YOUR NAME],

[PHONE NUMBER]

and/or [EMAIL ADDRESS]

**Our Latest   
Food Needs**

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**Make a   
Financial Donation**

